# **Arrhythmogenic Transient Dynamics in Cardiac Myocytes**

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ABSTRACT Cardiac action potential alternans and early afterdepolarizations (EADs) are linked to cardiac arrhythmias. Periodic action potentials (period 1) in healthy conditions bifurcate to other states such as period 2 or chaos when alternans or EADs occur in pathological conditions. The mechanisms of alternans and EADs have been extensively studied under steady-state conditions, but lethal arrhythmias often occur during the transition between steady states. Why arrhythmias tend to develop during the transition is unclear. We used low-dimensional mathematical models to analyze dynamical mechanisms of transient alternans and EADs. We show that depending on the route from one state to another, action potential alternans and EADs may occur during the transition between two periodic steady states. The route taken depends on the time course of external perturbations or intrinsic signaling, such as  $\beta$ -adrenergic stimulation, which regulate cardiac calcium and potassium currents with differential kinetics.

#### INTRODUCTION

Cardiac arrhythmia is the leading cause of sudden cardiac death (1). Under normal conditions, cardiac action potentials (APs) are periodic (period 1). Under pathological conditions, the periodic APs bifurcate to alternans or early afterdepolarizations (EADs), which are dynamically linked to period 2 (2) and chaos (3,4). As precursors to life-threatening arrhythmias, both AP duration (APD) alternans and EADs can be induced by voltage- or calcium (Ca)-driven instability. Whereas Ca-driven alternans and EADs are determined by the instability of intracellular Ca cycling, voltage-driven alternans and EADs are often associated with deficiencies in potassium (K) currents or enhancements in the Ca or sodium current (such as in long-QT syndrome types 1–3 and 8) (5–8).

The underlying dynamical and ionic mechanisms of APD alternans and EADs have been extensively investigated at steady states (3,4,9–11). Lethal arrhythmias, however, are often observed during transitions rather than steady states (6,12-14). These transient arrhythmias are commonly related to  $\beta$ -adrenergic signaling, which regulates cardiac ion channels with differential kinetics (15–18). Isoproterenol (ISO), a  $\beta$ -adrenergic agonist, activates the L-type Ca current  $(I_{CaL})$  more quickly than the slow delayed rectifier potassium current  $(I_{Ks})$  (13). In line with this, ISO application was found to transiently prolong APD in normal cardiac cells (13,19–21) and induce EADs transiently in pathological conditions (13). ISO stimulation also leads to episodes of T-wave alternans (12) which are caused by APD alternans at fast pacing rate. These transient phenomena, referred to as biological adaptation or compensation (22,23), are often overlooked, and their connection to cardiac arrhythmias rarely has been made.

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In our previous study, using a physiological detailed model (24), we investigated ionic mechanisms by which all the targets of  $\beta$ -adrenergic stimulation affect transient EADs. Here, we aim at the dynamical mechanisms of transient APD alternans and EADs using a simplified ionic-current model of ISO application to understand how cardiac myocytes may transiently exhibit these arrhythmogenic phenomena in a generic way. With the simplified model, we were able to take advantage of the differential timescales of  $I_{\rm Ks}$  and  $I_{\rm CaL}$  activation by ISO stimulation to reduce the high-dimensional system to its most fundamental properties during the AP plateau phase so that we could focus on the underlying dynamical mechanisms of transient APD alternans and EADs.

#### **METHODS**

To elucidate the generic mechanisms, we used two simplified three-variable AP models that capture the instability around the plateau membrane voltage. The governing equation of the models is  $dV/dt = (-I_m + I_{\rm sti})/C_m$ , where V is the membrane voltage,  $C_m$  is the membrane capacitance,  $I_m$  refers to the transmembrane currents, and  $I_{\rm sti}$  is the stimulation. We used the three-current model ( $I_m = I_{\rm Na} + I_{\rm Ca} + I_{\rm K}$ ) (25,26) to investigate alternans. The state variables of this model are V, inactivation gate of  $I_{\rm Na}$  ( $I_m = I_{\rm Ca} + I_{\rm K}$ ) (3) was used to investigate EADs. This model consists of variables V,  $I_m$ , and the activation gate of  $I_m$  ( $I_m$ ).

Two transient routes are introduced by different protocols of ISO application, sudden and gradual. In sudden application, ISO is instantaneously switched from 0 to 100% at time 0 (Fig. 1 a, upper). In gradual application, ISO is applied in a stepwise manner used in experiments (27) (Fig. 1 b, upper), at 20% per step, reaching the same amount of ISO as in the case of sudden application. Both models respond to ISO stimulation by changing the maximum conductance of  $I_{Ca}$  ( $G_{Ca}$ ) and  $I_{K}$  ( $G_{K}$ ) over time (i.e., G(t)). G(t) is fitted with a single-exponential function,  $G(t) = G_0 + G_{ISO}(1 - \exp(-t/\tau))$ , where  $G_0$  is the  $G_{Ca}$  or  $G_{K}$  before ISO application,  $G_{ISO}$  is the increment induced by ISO, and  $\tau$  is the time constant of ISO activation, as shown in experiments (13).  $\tau_{GCa}$  is eight times faster than  $\tau_{GK}$  (see figure legends). This difference between  $\tau_{GCa}$  and  $\tau_{GK}$  is on the same order as the experimental data (13). The dose effect of ISO in gradual application was

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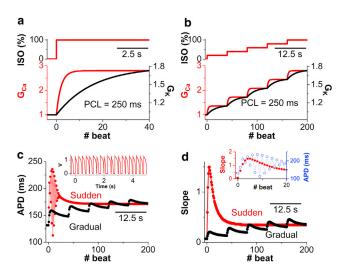


FIGURE 1 Transient APD alternans is induced by sudden, but not by gradual, application of ISO. (a and b) Protocol of ISO application and its effect on  $G_{\text{Ca}}$  (red) and  $G_{\text{K}}$  (black) in sudden (a) and gradual (b) application.  $\tau_{\text{GCa}} = 500$  ms and  $\tau_{\text{GK}} = 4000$  ms. (c and d) APD traces and slope of APD restitution in sudden (red) and gradual (black) application of ISO at PCL 250 ms. (Insets) Voltage trace (c) and slope with its corresponding APD (d) in the case of sudden application of ISO. To see this figure in color, go online.

linearly interpolated (Fig. 1 *b, lower*). No alternans or EADs occur at either steady state before or after ISO application.

### **RESULTS**

# Transient alternans by the sudden application of ISO

Transient APD alternans occurs when ISO is applied suddenly (Fig. 1 c, red), but not when it is applied gradually (Fig. 1 c, black). In the case of sudden application, APD prolongs rapidly due to the faster increase of  $I_{Ca}$  versus  $I_{K}$  (Fig. 1 a). This APD prolongation shortens the following diastolic interval (DI) for the first two beats (Fig. 1 c, inset). When DI is too short for the recovery of  $I_{Ca}$  at the third beat, APD decreases and leads to a slightly longer DI which is followed by a longer APD (fourth beat). Consequently, APD alternans develops. As  $G_{Ca}$  approaches its steady state,  $G_{K}$  continues to increase, which shortens the APD. As a result, the DI increases and APD alternans decreases. Eventually, APD alternans disappears when the increase of  $I_{K}$  counteracts  $I_{Ca}$ .

Inhibition of  $I_{\text{Ca}}$  (or enhancement of  $I_{\text{K}}$ ) is shown to be antiarrhythmic by flattening the APD restitution (28–30); ISO stimulation (31) or  $\beta$ -adrenergic receptor antagonists (32) are reported to steepen or flatten, respectively, the APD restitution. These alter the APD restitution steepness by changing the relative contribution of  $I_{\text{Ca}}$  to the APD restitution, since  $I_{\text{Ca}}$  determines its steepness (28,30). A quick increase of  $I_{\text{Ca}}$  versus  $I_{\text{K}}$  by sudden ISO application can also steepen the APD restitution transiently and lead to transient APD alternans. We calculated the slope of the APD restitu-

tion curve at fixed points (using the control method of alternans for unstable fixed points (33–35) and the perturbation method for stable ones) during ISO application. Due to the lack of memory and Ca cycling in this simplified model, APD is only a function of the previous DI. Thus, APD alternans develops when the slope of the restitution curve exceeds unity (36,37). In the case of sudden application (Fig. 1 d, red), at the second beat after ISO application, the APD restitution slope exceeds unity, where APD alternans starts to occur (Fig. 1 d, inset). The amplitude of APD alternans keeps growing when the slope is >1 (until the 10th beat after ISO application) and then decreases when the slope is <1 as  $I_{\rm K}$  activation starts catching up. In the gradual application, however, the slope is always <1 (Fig. 1 d, black).

Fig. 2 a shows the maximal cycle length (CL) at which APD alternans can be seen (coded by color) in the  $G_{\text{Ca}}$ - $G_{\text{K}}$ parameter space. As  $G_{\text{Ca}}$  is increased and/or  $G_{\text{K}}$  is decreased, APD alternans develop at slower pacing rates. In other words, the system becomes more unstable with larger  $G_{Ca}$  and/or smaller  $G_K$ . At the steady state before and after ISO application, the system stays at points labeled 1 and 3, respectively, in the G<sub>Ca</sub>-G<sub>K</sub> parameter space. No alternans occurs at these states (Fig. 2 b, black and blue dots). The route from point 1 to point 3 depends on the protocol of ISO application. The red and blue arrows in Fig. 2 a trace changes of  $(G_K, G_{Ca})$ during the rapid and gradual ISO applications shown in Fig. 1, a and b, respectively. The black dotted line indicates the stable limit in the  $G_{\text{Ca}}$ - $G_{\text{K}}$  space for the pacing cycle length (PCL) of 250 ms used in Fig. 1. The system is stable below this line and unstable above it. When ISO is applied rapidly, the  $(G_K, G_{Ca})$  path crosses the stable limit and alternans develops (Fig. 2 B, red dots). Under gradual ISO application, however, all  $(G_K, G_{Ca})$  points on the path marked by the blue arrows are stable, and no alternans develops. Note also that steady-state alternans can also be seen for both control and ISO conditions at shorter CLs (bifurcations in black and blue curves in Fig. 2 b).

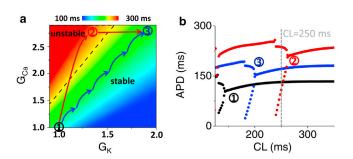


FIGURE 2 (a) Diagram of APD alternans onset in the  $G_{\text{Ca}}$ - $G_{\text{K}}$  parameter space. Three states were mapped in the diagram: the steady states before (1) and after (3) ISO application and the transient state at the eighth beat after sudden ISO application (2). Red and blue arrows indicate the routes of sudden and gradual application, respectively, as in Fig. 1. The dotted line is the PCL used in Fig. 1 b. (b) Bifurcation of APD before ISO (1, black), after ISO (3, blue), and in the transient state (2, red) shown in a. To see this figure in color, go online.

Similar results are observed with a physiologically detailed model by Mahajan et al. (38) in regimes where APD alternans is voltage-driven (Fig. S2 in the Supporting Material), although it should be noted that alterations in Ca handling can also lead to alternans in this regime (38).

# Transient EADs induced by the sudden application of ISO

In addition to APD alternans, this transient mismatch between  $I_{\text{Ca}}$  and  $I_{\text{K}}$  upon the sudden application of ISO also induces transient EADs when APDs are significantly prolonged (Fig. 3 a, *inset*, *red stars*). In the gradual application of ISO (Fig. 3 b), however, the APD increases more modestly (only during the first two beats) and then shortens without EADs.

To understand how sudden application of ISO tends to generate transient EADs, we first investigate the necessary conditions for EAD generation in our minimal model (Eq 1).

$$C_m \frac{dV}{dt} = -G_{\text{Ca}} d_{\infty} f(V - E_{\text{Ca}}) + G_{\text{K}} x(V - E_{\text{K}})$$
 (1a)

$$\frac{df}{dt} = \frac{f_{\infty} - f}{\tau_f} \tag{1b}$$

$$\frac{dx}{dt} = \frac{x_{\infty} - x}{\tau_{x}},\tag{1c}$$

where  $d_{\infty}$  is the steady state of the fast activation gate of  $I_{\text{Ca}}$  (whose time constant is <5 ms (39));  $f_{\infty}$  and  $x_{\infty}$  are the steady states of f and x, respectively, with time constants  $\tau_f$  and  $\tau_x$ ;  $C_m=1$  pF/pA; V=V(t), f=f(t); and x=x(t). Reversal potentials of  $I_{\text{Ca}}$  and  $I_{\text{K}}$  are set as  $E_{\text{Ca}}=100$  mV and  $E_{\text{K}}=-80$  mV, respectively. The AP is initiated by a delta function that brings the voltage from the resting potential to 0 mV upon pacing.

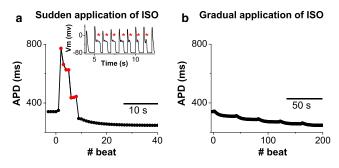


FIGURE 3 Transient EADs are induced by sudden (a), but not by gradual (b), application of ISO. The protocol of ISO application is the same as in Fig. 1. Red dots in a indicate EADs (see *inset*).  $\tau_{\rm GCa}=1000$  ms;  $\tau_{\rm GK}=8000$  ms; PCL = 1000 ms. To see this figure in color, go online.

$$G(V,f) = \frac{f_{\infty} - f}{\tau_f}.$$
 (2b)

Fixed points of the subsystem (V, f) can be visualized in I/V plots (Fig. 4 a ). At steady state,  $-I_{Ca} =$  $-G_{\rm Ca}d_{\infty}f_{\infty}(V-E_{\rm Ca})$  is a bell-shaped window current (red line) and  $G_K x(V - E_K)$  is linear (blue solid line), with its slope increasing with x (blue dotted line) The intersections of  $I_{\text{Ca}}$  and  $I_{\text{K}}$  are fixed points (FPs), as the net current is zero. When x is small, three fixed points (Fig. 4 a, green dots)—the resting state (FP<sub>1</sub>), the excitation threshold (FP<sub>2</sub>), and the excited state (FP<sub>3</sub>)—coexist, forming bistability of voltage. As x increases, bistability disappears (blue dashed line, where FP2 and FP3 merge). The black dotted line in Fig. 4 a indicates the bifurcation point (i.e., the critical  $V, V_c$ ).  $V_p$  is defined as the voltage for the peak window  $I_{\text{Ca}}$ . FP<sub>3</sub>, with its voltage above  $V_p$ , has a negative conductance, which can form (damped) oscillations in the (V, f) space. Since EADs are voltage oscillations at the AP plateau, we analyze stability of FP<sub>3</sub> in the (V, f) subsystem for conditions of EADs.

The stability of  $FP_3$  is calculated using the eigenvalue of the Jacobian matrix (Eq. 3) of Eq. 2.

$$\begin{bmatrix} F_{V} & F_{f} \\ G_{V} & G_{f} \end{bmatrix} = \begin{bmatrix} -G_{Ca}d'_{\infty}f(V - E_{Ca}) - G_{Ca}d_{\infty}f - G_{K}x & -G_{Ca}d_{\infty}(V - E_{Ca}) \\ \frac{f'_{\infty}}{\tau_{f}} & \frac{-1}{\tau_{f}} \end{bmatrix}.$$
(3)

## Fast-slow subsystem analysis

Since x is much slower than V and  $f(\tau_x)$  is on the order of several hundred milliseconds (40)), we further reduce the three-variable system (Eq. 1) to the fast two-variable subsystem (V,f) (Eq. 2), and the slow variable x ( $x \in [0,1]$ ) is treated as a parameter (fast-slow subsystem analysis (41)).

$$F(V,f) = -G_{Ca}d_{\infty}f(V - E_{Ca}) + G_{K}x(V - E_{K})$$
 (2a)

The eigenvalues of Eq. 3. are  $\lambda_{1,2} = (tr \pm \sqrt{\Delta})/2$ , where tr is the trace and  $\Delta$  is the determinant linearized about FP<sub>3</sub>. Fig. 4 b shows the sign of  $\Delta$  and tr of FP<sub>3</sub> at x = 0.1 (Similar patterns occur for  $x \in [0,1]$ ) in the  $(V, \tau_f)$  parameter space.) If V and  $\tau_f$  are within the blue area  $(\Delta < 0, tr < 0)$ , damped oscillation occurs. If V and  $\tau_f$  are within the red area (tr > 0), FP<sub>3</sub> is unstable. It is noteworthy that  $\Delta > 0$  (tred area) occurs at lower voltage than  $\Delta < 0$  (tred area), regardless of  $\tau_f$ . This means that

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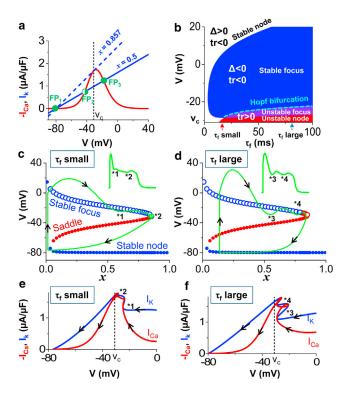


FIGURE 4 Dynamical mechanism of EADs. (a) Steady-state I/V curve plots of  $I_{Ca}$  (red) and  $I_{K}$  (blue). The black dotted line ( $V_{c}$ ) indicates the bifurcation for bistability. Green dots are fixed points. (b) Eigenvalue analysis of FP3 in the  $(V, au_f)$  parameter space. The purple area (intersection of red (tr>0) and blue areas  $(\Delta<0)$ ) indicates the Hopf bifurcation (cyan dashed line). Red (small  $\tau_f$ ) and blue (large  $\tau_f$ ) arrows mark two bifurcation scenarios shown in c and d. (c and d) Mechanism of EAD illustrated by the fast ((V,f))-slow (x) subsystem analysis at small ( $\tau_f$  =18 ms) and large  $\tau_f$  ( $\tau_f$  =80 ms), respectively, showing stable-focus FP<sub>3</sub> (blue circles) and unstable-focus FP<sub>3</sub> (red circles). (Inset) The voltage trace (green line) is mapped into the V-x plane, and its time course is indicated (black arrows).  $\tau_x = 100 \text{ ms } (c) \text{ and } 300 \text{ ms } (d)$ . (e and f) I/V plots corresponding to the AP plateaus in c and d, respectively, indicating the existence of bistability for EADs. Numbers 1-4 labeled with asterisks indicate the reversal points of voltage for EADs. To see this figure in color, go online.

FP<sub>3</sub> at high voltage, away from  $V_c$ , is a stable focus (Fig. 4, c and d, blue open circles). The purple area (overlap of the red (tr > 0) and blue areas ( $\Delta < 0$ ) in Fig. 4 b) represents the unstable focus, which only exists at relatively large  $\tau_f$ , and close to  $V_c$  (Fig. 4 d, red circles). Thus, the Hopf bifurcation points (Fig. 4 b, cyan dashed line, where tr = 0 and  $\Delta < 0$ ) only exist when  $\tau_f$  is not small. Therefore, depending on  $\tau_f$ , there are two scenarios for voltage oscillations. If  $\tau_f$  is small (e.g., Fig. 4 b, red arrow), FP<sub>3</sub> is always stable (Fig. 4 c), such that only damped voltage oscillations can occur. On the other hand, if  $\tau_f$  is large (e.g., Fig. 4 b, blue arrow), FP<sub>3</sub> changes from stable focus to unstable focus through the Hopf bifurcation as V approaches  $V_p$  (Fig. 4 d), such that voltage oscillations with increasing amplitude can occur after Hopf bifurcations.

### Two necessary conditions for EAD generation

The stability analysis shown above provides the necessary conditions for EAD generation. The first necessary condition is the existence of FP<sub>3</sub>, in other words, the bistability in the (V,f) subsystem. Oscillations of the membrane voltage (i.e., EADs) occur around this FP. Fig. 4, e and f, shows  $I_{Ca}$  (red) and  $I_K$  (blue) during the plateau of the AP shown in the insets of Fig. 4, e and d, respectively. As the repolarization proceeds (arrows) toward  $V_c$  (dotted line),  $I_K$  hits the quasiwindow  $I_{Ca}$  (Fig. 4, e and d, \*1, \*2, \*3, and \*4), reversing the voltage and forming EADs.

In the whole system (V-f-x), x increases slowly. At the same time, the size of the basin of attraction for FP<sub>3</sub> in the (V,f) subsystem decreases (Fig. 5 a, red area). x is small at the beginning of the AP plateau; thus, FP<sub>3</sub> in the subsystem (V,f) is a stable focus (Fig. 4 b). To generate EADs, the system must be trapped by this attractor. Therefore, a large basin of attraction for the stable-focus FP<sub>3</sub> (to attract the voltage spiral toward it) in the (V,f) subsystem is the second condition for EAD generation.

Since two different bifurcations of FP<sub>3</sub> exist in the (V,f) subsystem, depending on  $\tau_f$  (Fig. 4 b), we illustrate the formation of EADs in both situations by projecting the AP to the V-x space. When  $\tau_f$  is small (Fig. 4 c,  $\tau_f = 18$  ms (Fig. 4 b, red arrow)), FP<sub>3</sub> is stable at all x values (Fig. 4, c and d, upper branch, blue circles). The membrane voltage

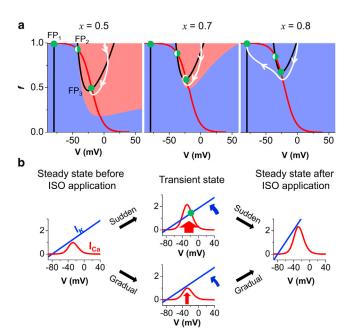


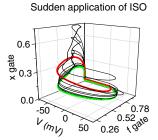
FIGURE 5 Mechanism of transient EADs induced by sudden ISO application. (a) Basin of attraction for FP<sub>3</sub> (red) decreases as x increases. Fixed point (green dot) is the intersection of V nullcline (black line) and f nullcline (red line). Plateau voltage (white line and arrows) evolves toward (at small x) or bypasses (at large x) FP<sub>3</sub>. (B) Schematic plot shows evolution route of I/V plots of  $I_{Ca}$  and  $I_{K}$  in sudden (upper) and gradual (lower) ISO application. Green dot represents FP<sub>3</sub>. To see this figure in color, go online.

(green curve) spirals toward the stable focus (arrows) and then exits through the saddle node bifurcation, giving rise to EADs. The two reversal points of V (\*1 and \*2) in the V-x plane correspond to the notch (Fig. 4 c, inset, \*1) and EAD (Fig. 4 c, inset, \*2), respectively. When  $\tau_f$  is relatively large (Fig. 4 d,  $\tau_f = 80$  ms, blue arrow in Fig. 4 d), FP<sub>3</sub> becomes unstable (Fig. 4, d) and d, red circles) at large d (associated with a voltage approaching d) through supercritical Hopf bifurcation. In a similar way, EADs develop (Fig. 4 d, \*3 and \*4) by spiraling toward the stable focus at first, but they then end through Hopf-homoclinic bifurcation (4) if d is slow enough. In both cases, the two necessary conditions for EAD generation are satisfied.

# The mechanism of transient EADs induced by the sudden application of ISO

How does the modulation of  $I_{Ca}$  and  $I_K$  by ISO affect EAD generation? The sudden application of ISO (Fig. 5 b, upper route) causes a much larger increase of  $I_{Ca}$  (red) compared to  $I_K$  (blue) transiently, which favors the two conditions of EAD generation. First, it enhances the propensity toward bistability in the (V,f) subsystem (intersection marked by the green dot in Fig. 5 b). Second, it increases the basin of attraction for the stable focus at plateau V (which shrinks as x increases, Fig. 5 a) in the (V,f) subsystem, thereby potentiating the plateau voltage to spiral into its basin. On the other hand, in the adequately gradual application of ISO (Fig. 5 b, lower route), the increase of  $I_{Ca}$  is always compensated by the increase in  $I_K$ , resulting in little effect on the generation of bistability and the size of the basin of attraction. Thus, EADs are less likely to occur.

In the whole system, phase plots illustrate these different effects of ISO on EAD generation by projecting APs into the x-f plane (Fig. 6). Despite the protocols of application, the same period 1 attractor exists for both cases after ISO application (Fig. 6, red). In the sudden application (Fig. 6, left), the system evolves away (Fig. 6, black) from the initial periodic steady state (Fig. 6, green) and into the irregular EADs transiently due to the large increase of  $I_{Ca}$  versus  $I_{K}$  caused by application of ISO. As the increase in  $I_{K}$  counter-



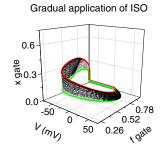


FIGURE 6 Attractors and trajectories in the phase space in sudden (*left*) and gradual (*right*) ISO application of Fig. 3. Green and red curves are the steady-state APs before and after ISO application, respectively. Black curves represent the transient states. To see this figure in color, go online.

acts the effects of  $I_{\text{Ca}}$ , the system evolves back to the new periodic steady state (Fig. 6, red). In the gradual application (Fig. 6, right), however, the increase of  $I_{\text{K}}$  always matches that of  $I_{\text{Ca}}$ , so that the emerging attractor is always close to the old one. Thus, the system evolves gradually between two periodic attractors along semi-steady states and no EAD occurs.

#### DISCUSSION

In this study, we show that cardiac cells can have different transient behaviors depending on the protocol of  $\beta$ AR stimulation. Sudden, but not gradual, activation of  $\beta$ AR (by ISO) promotes transient APD alternans and EADs. In addition, sudden application of ISO promotes transient Ca alternans.

Transient behavior is common in both physiological and pathological conditions in biological systems (12,42,43). However, most prior studies on cardiac arrhythmias have focused on the steady state and ignored the dynamics during the transient process (7,8,11,18,44). Our work shows that arrhythmogenic APD alternans and EADs can occur during the transition between stable steady states from the dynamical point of view. Assessment of antiarrhythmic drug efficacy could be wrong if the transient dynamics are ignored. A drug that is antiarrhythmic at steady state may be proarrhythmic during the transition.

In addition, our study shows that a stable limit cycle in the fast (V,f) subsystem is not required for EAD generation (Fig. 4, c and d). The two necessary conditions for EAD generation are 1), the existence of stable focus at the plateau voltage in the (V,f) fast subsystem, which can be approximated by bistability in the I/V plot of  $I_{\rm K}$  and window  $I_{\rm Ca}$ ; and 2), the ability of these stable foci to attract the plateau membrane voltage.

Although many currents contribute to voltage-instability-driven APD alternans,  $I_{CaL}$  is the major current that steepens the APD restitution (28) and can be modulated by ISO stimulation (31). Therefore, a sudden ISO stimulation can be arrhythmogenic by causing APD alternans, EADs, or both through the same ionic mechanisms (i.e., fast increase of  $I_{CaL}$  versus  $I_{Ks}$ ). The minimal model allows us to capture the essential dynamical features of transient APD alternans (Fig. S2) and EADs (24), which are generic and valid for physiological detailed models.

Instability of the intracellular Ca is also very important for APD alternans. Alternans can be induced by steep APD restitution, a steep relationship between the Ca release from the sarcoplasmic reticulum (SR) and the SR Ca load, or both. Increase of  $I_{\rm CaL}$  leads to Ca overload, which promotes Ca alternans. On the other hand, increase of the sarcoendoplasmic reticulum calcium transport ATPase (SERCA) pump activity suppresses alternans (45).

When ISO is applied suddenly,  $I_{CaL}$  is activated, and this promotes Ca alternans. Then, as SERCA is activated, Ca alternans disappears (Fig. S4). Similar to the case of APD

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alternans, gradual application of ISO does not induce Ca alternans (data not shown). In this case, transient Ca alternans occurs due to the differential kinetics of activation of  $I_{\text{CaL}}$  and SERCA by ISO stimulation. Membrane voltage and intracellular Ca cycling are coupled via Ca-sensitive currents such as  $I_{Cal.}$  and Na-Ca exchange. A larger Ca transient can prolong the APD through the sodium-calcium exchanger. On the other hand, the larger Ca transient can shorten the APD via Ca-dependent inactivation (CDI) of  $I_{\text{CaL}}$ . We call the coupling positive when the sodium-calcium exchanger dominates and negative when the  $I_{Cal}$  dominates (46). The coupled system of voltage and Ca cycling can be unstable when the coupling is positive, and vice versa (46). This implies that transient instability of intracellular Ca cycling can promote APD alternans further when the coupling is positive. On the other hand, APD alternans can be reduced when the coupling is negative.

Ca overload also promotes spontaneous Ca release from the SR, as well as formation of Ca waves, which can also cause EADs. However, Ca waves are spatial phenomena and they merit further investigation.

Indeed, the generalization and model reduction limits inclusion of Ca cycling, but we know that Ca effects can contribute to actual EADs (as described in our recent article (24)). To include the intracellular Ca cycling, several variables must be added, which increases system dimensionality and makes analysis much more complex. However, we can analyze CDI as done by Zhao et al. for EADs caused by the transient outward potassium current  $(I_{to})$  (47). In fact, the effect of CDI on EAD generation is similar to that of  $I_{to}$ (47). This allows us to investigate the effect of CDI on EAD formation phenomenologically by changing the initial membrane voltage in our simplified model (Fig. S3). One necessary condition for EAD generation shown in our study is that the plateau voltage can enter the basin of EADs, which exists only in an appropriate voltage range. Therefore, we can expect that if voltage early in the AP plateau is too high (mimicking weak CDI) or too low (mimicking strong CDI), the plateau voltage is more likely to bypass the basin for EADs (Fig. S3, white curves). For initial voltage  $(V_0)$  with both weak  $(V_0 = 30 \text{ mV (Fig. S3, } right))$ and strong CDI ( $V_0 = -39 \text{ mV}$  (Fig. S3, *left*)), white curves bypass the red basin of EADs, which are thus avoided.

For gradual application of ISO, theoretically we have many choices, such as sigmoidal, linear, or stepwise. Even for stepwise application, we can change it to make ISO application more gradual. Since the stepwise application showed no arrhythmias, a smaller step size or linear increase would fail to show arrhythmias (Fig. S1). To clearly test whether blunting the mismatch between different targets by gradual application will prevent arrhythmias, we chose relatively large application steps (20% of maximal), and no arrhythmias occurred.

 $\beta$ AR stimulation in vivo always accompanies heart rate (HR) acceleration, which may exacerbate the potentiation

for alternans or alleviate the potentiation for EADs. However, both transient alternans (Fig. S5 a) and EADs (Fig. 6 D in Xie et al. (24)) exist in a range of PCLs rather than a single CL. Therefore, as long as the steady-state HR after  $\beta$ AR stimulation is within the transient alternans (or EAD) regime, we will see transient alternans (or EADs).

Our results underscore that transient dynamics provides valuable information that is lacking in steady-state analysis, and they may explain in part why arrhythmias tend to occur when there is a sudden catecholamine surge, such as during excitement, fright, or sudden exercise.

### **SUPPORTING MATERIAL**

Five figures are available at http://www.biophysj.org/biophysj/supplemental/S0006-3495(14)00084-8.

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